Free and Forced Vibrations of Monolithic and Composite Rectangular Plates With Interior Constrained Points

The restriction of deformations to a subregion of a system undergoing either free or forced vibration due to an irregularity or discontinuity in it is called mode localization. Here, we study mode localization in free and forced vibration of monolithic and unidirectional fiber-reinforced rectangular linearly elastic plates with edges either simply supported (SS) or clamped by using a third-order shear and normal deformable plate theory (TSNDT) with points on either one or two normals to the plate mid-surface constrained from translating in all three directions. The plates studied are symmetric about their mid-surfaces. The in-house developed software based on the finite element method (FEM) is first verified by comparing predictions from it with either the literature results or those computed by using the linear theory of elasticity and the commercial FE software ABAQUS. New results include: (i) the localization of both in-plane and out-of-plane modes of vibration, (ii) increase in the mode localization intensity with an increase in the length/width ratio of the rectangular plate, (iii) change in the mode localization characteristics with the fiber orientation angle in unidirectional fiber-reinforced laminate, (iv) mode localization due to points on two normals constrained, and (v) the exchange of energy during forced harmonic vibrations between two regions separated by the line of nearly stationary points that results in a beats-like phenomenon in a subregion of the plate. Constraining translational motion of internal points can be used to design a structure with vibrations limited to its small subregion and harvesting energy of vibrations of the subregion.

[DOI: 10.1115/1.4041216]

Introduction

Discontinuities and irregularities in a physical system may cause anomalies in its free and forced vibrations. Anderson [1] observed that irregularities in electrons distribution in different lattice structures vary their vibration characteristics and the material conductivity; this phenomenon is called Anderson's localization [2]. Hodges [2] extended the vibration localization phenomenon to continuous periodic structures. Subsequently, numerous works have illustrated the mode localization phenomenon in continuous structures that include periodic structures with cyclic symmetry [3–5], multilayered beams [6], and irregular structures [7–9].

Early works on mode localization in continuous bodies were mostly restricted to one-dimensional (1D) problems possibly because of difficulties in computing eigen-modes [8]. Hodges and Woodhouse [7], based on Herbert and Jones’s work [9], used a statistical perturbation method to study localization phenomenon in a string by inducing an irregularity with a slideable mass. They found good agreement between their analytical and experimental results. Depending on the magnitude of internal coupling of the structure, they divided the localization phenomenon into weak and strong. Using a mathematical model closely related to Kirkman and Pendry’s [10] solid state physics model, Pierre [8] delineated factors for the weak and the strong localization phenomena.

Pierre and Plaut [11] used the perturbation approach to study the mode localization phenomenon in multilayered hinged beams. Due to mathematical similarities between the free vibration and the elastic buckling problems, one can also observe the mode localization phenomenon in elastic buckling of thin structures. For example, Nayfeh and Hawwa [12] used principles of mode localization to control buckling of structures, and Paik et al. [13] characterized buckling localization in composite laminae with constrained interior points. Ibrahim [14] as well as Hodges and Woodhouse [15] have reviewed the literature on the localization phenomenon published till 1987.

Nowacki [16] analytically studied, using a Levy solution, vibration of simply supported (SS) rectangular plates with multiple internal constrained points. Gorman [17] analytically investigated free vibrations of plates clamped only at symmetric points on the diagonals and used a plate theory. Gorman and Singal’s [18] experimental findings agreed well with the analytical results of Ref. [17].

Bapat et al. [19,20] and Bapat and Suryanarayan [21,22] employed the flexibility function approach to study free vibration of point supported plates. Bapat and Suryanarayan [23] extended it to analyze mode localization in SS rectangular plates having internal constrained points. Lee and Lee [24] adopted the impulse function approach to analytically solve similar problems.

Rao et al. [25], Raju and Amba-Rao [26], and Ujges et al. [27], among others, have numerically analyzed the mode localization phenomenon in rectangular plates with point supports by using the finite element method (FEM), whereas Kim and Dickinson [28] and Bhat [29] used the Rayleigh–Ritz method. Filoche and Mayboroda [30] used the Kirchhoff plate theory and the FEM to show that constraining all points on a normal to the plate mid-surface of a rectangular plate induced strong mode localization. Sharma et al. [31] used a first-order shear deformation theory (FSDT) and the FEM to show the mode localization phenomenon in composite rectangular plates when both bending and transverse...
shear deformations are incorporated in the analysis. These studies [30,31] considered only bending or out-of-plane modes of vibration, and all plate edges clamped. It seems that the localization of in-plane modes of vibration, effects of SS edges on mode localization, and constraining points on two normals to the plate mid surface have not been scrutinized. For SS plates, Batra and Armbranee [32] analytically found these and bending vibration modes by using complete polynomials in the Levy type solutions. Other authors have studied either in-plane (e.g., see Ref. [33]) or bending (e.g., see Ref. [34]) modes of vibration only. Even though one can study mode localization by separately using the bending and the stretching plate theories and then combining the results, the use of a third-order shear and normal deformable plate theory (TSNDT) simultaneously gives both types of modes. It thus does not require studying the problem with two different plate theories. The TSNDT does not require a shear correction factor, frequencies and mode shapes of the first 100 modes of vibration agree well with those computed using the linear elasticity theory (LET), and the in-plane stresses computed from the TSNDT displacements and the constitutive relation agree well with those found using the LET. Furthermore, the transverse stresses computed by using a one-step stress recovery scheme are close to those obtained using the LET. For materials with Poisson’s ratio close to 0.49, the transverse normal strains are likely to be of the same order of magnitude as the axial strains and require plate theories that consider transverse normal strains.

The TSNDT is particularly useful for problems involving inhomogeneous materials with elastic moduli varying along the plate thickness. Vel and Batra [35] showed that many simple plate theories do not predict well stresses at critical locations. As demonstrated by Shah and Batra [36], the TSNDT solution provides reasonably accurate values of stresses everywhere in the plate.

Here, we study the mode localization phenomenon in free and forced vibrations of monolithic and unidirectional fiber-reinforced laminated rectangular linearly elastic plates with internal constrained points by using a TSNDT. Lo et al. [37], Carrera [38], Vidoli and Batra [39], and Batra and Vidoli [40], among others, have proposed higher-order shear and normal deformable plate theories based on Mindlin’s classical work [41]. As also observed in Refs. [30] and [31] who did not consider transverse normal deformations, with an increase in the length/width ratio for a rectangular plate, the mode localization becomes stronger. One of the new results reported here is the mode localization for in-plane modes of vibration. We show that the first 100 frequencies and strain energies associated with their mass normalized mode shapes computed by using the TSNDT agree well with those found from the LET. Subsequently, we compute results with the TSNDT and study mode localization in both isotropic and composite plates. We also study forced vibrations of internally constrained plates to delineate if vibrations are localized.

For forced harmonic vibrations of an internally constrained plate at a frequency close to that of the mode for which vibrations are localized in one of the two regions, the response strongly depends upon which region exhibited mode localization. For example, we observe beats like phenomenon in the shorter region of the plate possibly due to the energy transfer between the two regions. This is similar to the steady-state response observed in Refs. [42] and [43] in structures composed of vibration absorbing dampers. Spletzer et al. [44] have used this principle to design ultrasensitive mass sensors using linked cantilever beams. Thus, the mode localization phenomenon can be both beneficial and harmful based on design requirements. It serves as a tool for designing structures with desired vibration characteristics.

### Problem Formulation

We use both the LET and a TSNDT to analyze free and forced infinitesimal vibrations of linearly elastic rectangular plates with and without constraining interior points on either one or two normals to the plate mid surface. A schematic sketch of the problem studied is exhibited in Fig. 1 wherein rectangular Cartesian coordinates, used to describe plate’s deformations, are also depicted.

#### The Linear Elasticity Theory

For the LET, equation governing deformation of a plate in the absence of body forces is

\[ \rho u_{ii} = \sigma_{ijj} \]  

where \( u_{ii} (i = 1, 2, 3) \) is the displacement along the \( x_i \)-axis, \( \sigma_{ijj} = \partial \sigma_{ij}/\partial x_j, \sigma_{ij} \) is the stress tensor, \( \bar{u}_i = \partial^2 u_i/\partial t^2 \), \( t \) is the time, and a repeated index implies summation over the range of the index. Equation (1) is supplemented with Hooke’s law

\[ \sigma_{ij} = C_{ijkl}\varepsilon_{kl} \]  

strain–displacement relations

\[ \varepsilon_{ij} = (u_{ij} + u_{ji})/2 \]  

and initial/boundary conditions

\[ u_i(x_1,x_2,x_3,0) = u^0_i(x_1,x_2,x_3), \quad \dot{u}_i(x_1,x_2,x_3,0) = \ddot{u}^0_i(x_1,x_2,x_3) \]  

\[ \sigma_{ijj} = t_i(x_1,x_2,x_3,t) \text{ on } \Gamma_t \]  

\[ u_i(x_1,x_2,x_3,t) = u^0_k(x_1,x_2,x_3,t) \text{ on } \Gamma_u \]  

\[ \Gamma_t \cup \Gamma_u = \partial\Omega, \Gamma_t \cap \Gamma_u = \phi \]  

where \( \Gamma_t \), and \( \Gamma_u \) are, respectively, parts of the boundary where surface tractions and displacements are prescribed as \( t_i(x_1,x_2,x_3,t) \) and \( u^0_k(x_1,x_2,x_3,t) \). \( n \) is a unit outward normal to \( \Gamma_t \), \( \ddot{u}^0_k(x_1,x_2,x_3) \) is the initial displacement field, \( \dot{u}^0_k(x_1,x_2,x_3) \) is the initial velocity field, and \( \Omega \) is the region occupied by the plate. We note that linearly independent components of \( u_i(x_1,x_2,x_3,t) \) and \( \sigma_{ijj} \) can be prescribed at a point on the plate surfaces. Substitution from Eqs. (2) and (3) into Eq. (1) results in three coupled linear partial differential equations for finding \( u_i \). At an interior constrained point \( (x_1,x_2,x_3) \), we set \( u_i(x_1,x_2,x_3,t) = 0 \).

#### Third-Order Shear and Normal Deformable Plate Theory

In the TSNDT, the displacement field is approximated as

\[ u_i(x_1,x_2,x_3,t) = \sum_{j=1}^{3} (x_j) u_{ij}(x_1,x_2,0,t), \quad i = 1, 2, 3 \]  

where 12 functions, \( u_{ij} \), are defined on the plate reference surface, here taken to be the plate mid surface, \( x_3 = 0 \). One may interpret \( u_{ij} \) as the \( j \)th order partial derivative of \( u_i(x_1,x_2,x_3,t) \) with respect to \( x_j \) evaluated at \( x_3 = 0 \). Alternatively, for \( j = 1, 2, 3 \), they can be interpreted as directors proposed by the Cosserat brothers [45].
Units of $u_{ij}$ are length/(length)$^j$. Substituting for displacements from Eq. (5) into Eq. (1), we get

$$\rho \left( \ddot{u}_0 + x_3 \ddot{u}_3 + x_3^2 \ddot{u}_1 + \frac{3}{2} \ddot{u}_3 \right) = \sigma_{ij}$$

where

$$M^{(k)}_{ij} = \frac{1}{h^{k/2}} \int_{-h/2}^{h/2} \rho (x_3)^{k+1} dx_3, \quad k = 1, 2, 3$$

Multiplying both sides of Eq. (6) by $(x_3)^k$ ($k = 0, 1, 2, 3$) and integrating resulting equations with respect to $x_3$ over the plate thickness, we get

$$\sum_{j=0}^{3} A^{(k)}_{ij} \ddot{u}_j = \sum_{j=1}^{3} M^{(k)}_{j,ia} + (x_3)k \sigma_{ij} \left( \frac{h}{2} \right)^{k/2}$$

where

$$A^{(k)}_{ij} = \frac{h^{k/2}}{h^{k/2}} \rho (x_3) \int_{-h/2}^{h/2} (x_3)^{k+1} dx_3, \quad k = 0, 1, 2, 3$$

The element $A^{(k)}_{ij}$ associated with $\ddot{u}_j$ appears in the $j$th row and the $k$th column of the inertia matrix $A$, and $M^{(k)}_{ij}$ is the $k$th order moment of $\sigma_{ij}$ about the plate midsurface. $M^{(0)}_{ij}$ and $M^{(1)}_{ij}$, respectively, are the usual force per unit length and the moment per unit length; $M^{(2)}_{ij}$ and $M^{(3)}_{ij}$ are higher-order moments. Substitution from Eqs. (7), (2), and (3) into Eq. (8) gives expressions for $M^{(k)}_{ij}$ in terms of $u_j$. These expressions when substituted in Eq. (7) yield 12 coupled linear partial differential equations for 12 unknown functions, $u_j$.

Boundary conditions for the LET and the TSNDT at a clamped and a SS edge are listed below:

SS edge $x_1 = 0$:
- $u_2$, $u_3 = 0$, $\sigma_{11} = 0$ for the LET;
- $u_2$, $u_3 = 0$, $M^{(1)}_{11} = 0$, $i = 0$ to 3 for the TSNDT.

Clamped edge $x_1 = 0$:
- $u_2$, $u_3 = 0$ for the LET;
- $u_2$, $u_3 = 0$, $i = 0$ to 3 for the TSNDT.

Boundary conditions (9) for a SS edge are the same as those employed by Srinivas et al. [46] in their analytical solution of a linearly elastic problem and are used when seeking a Levy type solution. Analytical solutions for static and wave propagation problems for arbitrary boundary conditions are given in Refs. [35,47], and [48].

**Numerical Solution of the Problem.** For the above-stated two initial-boundary-value problems, we first derive weak formulations by employing the Galerkin method, e.g., see Ref. [49]. We numerically solve the resulting equations by the FEM with the in-house developed software for the TSNDT equations and the commercial software, *ABAQUS*, for the LET equations. We note that in each case, the resulting equations are expressed in matrix form as

$$M \ddot{d} + K d = F$$

where $M$ and $K$, respectively, represent the mass and the stiffness matrices, and $d$ is the vector of nodal unknowns, three for a node in the LET and 12 for a node in the TSNDT. Nodes are distributed throughout the three-dimensional (3D) plate domain for the LET and only on the two-dimensional plate reference surface for the TSNDT. We employ eight-node brick elements with $2 \times 2 \times 2$ integration points in an element for the LET and four-node quadrilateral elements for the TSNDT with $2 \times 2$ integration points in an element. The mass and the stiffness matrices, and the load vector for the TSNDT are evaluated by employing seven uniformly spaced integration points in the thickness direction. The total number of degrees-of-freedom (DOFs) for the TSNDT is considerably less than that for the LET.

**Free Vibrations.** For the free vibration problem, $F = 0$, and $d(t) = De^{jt}$, no initial conditions are needed, and boundary conditions (4) are such that no work is done by external forces. Equation (10) reduces to the following eigenvalue problem:

$$[M - \lambda^2 K] d = 0$$

The cyclic frequencies $f_i$ (in Hz) of the plate are given by

$$f_i = \frac{\lambda_i}{2\pi}$$

The number of frequencies equals the number of unconstrained DOFs or the dimensionality of the vector, $d$, minus the number of constraints including those on the plate edges.

**Forced Vibrations.** For the transient analysis, we use the conditionally stable, central-difference time integration scheme, and a lumped mass matrix in *ABAQUS* for the LET equations and the consistent mass matrix for the TSNDT equations. Because of the generalized displacements in the TSNDT, terms in the mass matrix have different dimensions. Thus, one cannot employ the row sum technique of lumping the mass matrix. By nondimensionalizing variables, one could potentially use a lumped mass matrix. The time integration scheme is stable when the time-step size, $\Delta t$, satisfies the condition

$$\Delta t \leq \Delta t_{critical} = \frac{2}{\lambda_{max}}$$

where $\lambda_{max}$ (rad/s) is the largest natural frequency of the system. The eigenvector for each frequency is normalized with respect to the mass matrix in both the LET and the TSNDT.

The computation of stresses for the LET is straightforward. For determining in-plane stresses in the TSNDT, we find strains with the TSNDT displacements and then stresses from the constitutive relation. We use a one-step stress recovery scheme to compute the transverse (out-of-plane) stresses. That is, we integrate with respect to $x_3$ the LET equations of motion starting from the bottom surface. For $z = 1$ and

$$\sigma_{ij}\|_{x_3=2} = \sigma_{ij}\|_{x_3=-h/2} + \int_{x_3=-h/2}^{x_3=2} \left( \frac{\partial \sigma_{ij}}{\partial x_3} \right) dx_3$$

where $z = x_3$. For evaluating the integrand in Eq. (14) at a given point, we first find the in-plane stresses at centroids of nine elements surrounding the point, fit a complete quadratic polynomial to each component of the stress by the least squares method, differentiate the polynomial, and then substitute in it coordinates of the point. Having found stresses $\sigma_{13}$ and $\sigma_{23}$, the equation of motion in the $x_3$-direction is integrated with respect to $x_3$ to find $\sigma_{33}$ that requires knowing $\sigma_{33}$ for different values of $x_3$.

**Example Problems**

**Verification of the Third-Order Shear and Normal Deformable Plate Theory Software for Free Vibrations of Rectangular Plates.**

**Comparison of the First 100 Frequencies.** We first verify the in-house developed software by comparing the lowest five fundamental frequencies of a linearly elastic, homogeneous, and isotropic $100 \text{mm} \times 100 \text{mm} \times 10 \text{mm}$ plate having Young’s
modes of vibration. Several in-plane modes of vibrations.

Ref. [30], we normalize rectangular plate’s areal dimensions to \( \sqrt{e} \times 1/\sqrt{e} \) to have unit surface area, and call \( e \) the eccentricity (it equals the length/width). We study its free vibrations with all points on the line, \( x_1 = \sqrt{e}/5, x_2 = 1/2\sqrt{e} \) (i.e., normal to the plate midsurface through the point \( P (\sqrt{e}/5, 1/2\sqrt{e}, 0) \), constrained or equivalently, restrained from translating in all three

Comparison of Strain Energies Associated With the First 100 Modes of Vibration. For mass normalized displacements for a mode shape \( D^T MD = 1 \), \( D^T KD/2 \) equals the strain energy of a linearly elastic body. Rayleigh’s theorem (or premultiplying Eq. (11) by \( D^T \)) gives

\[
\lambda^2 = D^T KD/D^T MD
\]

Thus, the strain energy of deformations associated with a mode shape equals one-half of the square of the frequency (in radians/s) of the mode shape. Because of the dimensional units used here, the strain energy in J equals \( 0.5 \times (\text{frequency in rad/\mu s})^2 \); we call this as the TSNDT (modal) energy.

One can also compute the strain energy, \( U \), of a mode as

\[
U = \frac{1}{2} \int \sigma_{ij} \varepsilon_{ij} \, dV
\]

where stresses and strains are calculated from the mass normalized eigen-vectors; we call this as the TSNDT (direct) energy. We have exhibited in Fig. 2 the first 100 frequencies from the two theories for the 80 mm \( \times \) 20 mm \( \times \) 2 mm SS and clamped plates. These results evidence that the TSNDT and the LET give almost identical strain energies up to the first 50 modes and the TSNDT predicts slightly higher strain energies for the subsequent 50 modes.

Mode Localization in Clamped and Simply Supported Plates With Interior Constrained Points

Plates Made of Monolithic and Isotropic Materials. Following Ref. [30], we normalize rectangular plate’s areal dimensions to \( \sqrt{e} \times 1/\sqrt{e} \) to have unit surface area, and call \( e \) the eccentricity (it equals the length/width). We study its free vibrations with all points on the line, \( x_1 = \sqrt{e}/5, x_2 = 1/2\sqrt{e} \) (i.e., normal to the plate midsurface through the point \( P (\sqrt{e}/5, 1/2\sqrt{e}, 0) \), constrained or equivalently, restrained from translating in all three

<table>
<thead>
<tr>
<th>Mode</th>
<th>TSNDT (present)</th>
<th>Srinivas and Rao [34]</th>
<th>Qian et al. [50]</th>
<th>Batra and Aimmanee [32]</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0.0581</td>
<td>0.0578</td>
<td>0.0578</td>
<td>0.0578</td>
</tr>
<tr>
<td>2</td>
<td>0.1393</td>
<td>0.1381</td>
<td>0.1391</td>
<td>0.1391</td>
</tr>
<tr>
<td>3</td>
<td>0.1393</td>
<td>0.1381</td>
<td>0.1391</td>
<td>0.1391</td>
</tr>
<tr>
<td>4</td>
<td>0.1949</td>
<td>—</td>
<td>0.1948</td>
<td>0.1949</td>
</tr>
<tr>
<td>5</td>
<td>0.1949</td>
<td>—</td>
<td>0.1948</td>
<td>0.1949</td>
</tr>
</tbody>
</table>

\(^{a}\)In-plane mode of vibration and \( \omega \) equals \( z \) used earlier.
directions. In the TSNDT, it is accomplished by setting $u_1, u_2, u_3 = 0, i = 0 \text{ to } 3$ (see Eq. (9)). As shown in Fig. 1, the plate mid-surface to the left (right) of the point $P$ is denoted by $R_1$ ($R_2$). For plates with $e = 1, 4, 16, \text{and } 25$, we computed results using $40 \times 40, 80 \times 20, 160 \times 10, \text{and } 200 \times 8$ uniform four-node elements using the TSNDT.

Clamped edges. We have displayed in Fig. 4 frequencies of the first 100 vibration modes of a clamped plate of $e = 16$ with and without the internal constrained points. As in Refs. [30] and [31] where the Kirchhoff theory and the FSDT were used, respectively, in the TSNDT imposing an internal constraint does not affect the first 100 frequencies of a plate. However, constraining internal points strongly affects shapes of modes $2, 4, 5, 10, \text{and } 20$, depicted in Fig. 5 by using $(X, Y, Z) = (x_1, x_2, x_3)$. We note that for a plate with the internal constrained points, vibrations of either region $R_1$ or of region $R_2$ are miniscule. Although mode 5 is essentially unaffected by constraining the internal points, mode shapes of the vibrating region are quite different.

Following Refs. [30] and [31], we quantify mode localization by parameter, $\beta_1$, defined by

$$\beta_1 = \frac{\sum_{i=1}^{n} [u_i]'_j [k_{ij}] [u_j]}{\sum_{i=1}^{n} [u_i]'_i [k_{ii}] [u_i]}$$

Fig. 4 Frequencies of the first 100 modes of vibration of the $e = 16$ clamped plate with and without internal points constrained

where $n$ is the number of elements in the plate region $R_1$, $N_2$ the total number of elements in the plate, $[k]_i$ the element stiffness matrix, and $u$ the vector of nodal displacements in the mass normalized eigen-vector for the $i$th mode. Thus, $\beta_1$ equals the ratio of the total strain energy of the region $R_1$ to that of the entire plate. The value of $\beta_1$ near 0 implies that most of the plate deformation in region $R_1$ is annulled.

For the first 100 modes of vibration of plates with $e = 1, 4, 16, \text{and } 25$, values of $\beta_1$ for each mode and the total number of modes for a given value of $\beta_1$ are presented in Fig. 6. These results suggest that the value of $\beta_1$ strongly depends upon the eccentricity, $e$, and for $e = 1$, $\beta_1 < 0.27$ for 97 out of the first 100 modes of vibration implying that there is no noticeable mode localization since energies in regions $R_1$ and $R_2$ are proportional to their volumes. However, for $e = 25$, for the first 52 modes of vibration, points in either region $R_1$ or region $R_2$ are nearly undeformed since for them, $\beta_1$ is either near 0 or 1. For $e = 1, 4, 16, \text{and } 25$, the number of modes for which $\beta_1$ is either essentially 0 or 1, respectively, equals 0, 18, 41, and 52. Thus, as concluded in Refs. [30] and [31], the total number of modes with nearly null deformations increases with an increase in $e$.

Simply supported edges. In order to decipher whether or not an in-plane mode of vibration localizes in either region $R_1$ or $R_2$, we study free vibrations of the rectangular plate of $e = 16$ with and without constraining interior points. Fringe plots of the total displacement magnitude for nine modes, not necessarily consecutive, are presented in Fig. 7 with top views of the plate for modes 1, 3, and 4, and isometric views for other modes. Values of $\beta_1$ and the corresponding histogram are exhibited in Fig. 8.

There is essentially no localization of deformation for the plate without any internal point constrained since $\beta_1 \approx 0.2$ for most modes. However, for the plate with internally constrained points, 37 and 5 modes, respectively, have values of $\beta_1$ close to either 0 or 1 signifying their localization in one of the two regions. The remaining 58 modes having values different from 0, 0.2, and 1 are partially localized. We note that the mode localization in one region of an in-plane mode of vibration does not completely kill vibration of points in the other region as occurs for the out-of-plane (or bending) vibration modes. For example, in the deformed shape of mode 4 displayed in Fig. 7, in spite of the localization of the mode in region $R_1$, points in region $R_2$ significantly deform. The significant difference between vibrations of clamped and SS plates is the existence of a larger number of in-plane modes in the SS plate as compared to that in the clamped plate. Most of these modes are partially localized thus resulting in nonzero strain energies in both regions of the plate, e.g., see mode 4 in Fig. 7.

Fig. 3 Total strain energy, in J, from the TSNDT and the 3D LET (left), and the relative error between them (right) for the $80 \times 20 \times 2$ mm SS and clamped plates
Fig. 5 Mode shapes for free vibration of the clamped plate of $e = 16$ with (right) and without (left) internal constrained points. The red and the blue colors, respectively, represent magnitudes of the maximum positive and the maximum negative transverse displacement. (For references to color in the figure, see the online version.)

Fig. 6 Mode localization parameter, $\beta_1$, for the first 100 modes of vibration of a clamped plate with constrained internal points (left) and distribution of modes over different values of the ratio $\beta_1$ for the first 100 vibration modes (right).
Unidirectional Fiber-Reinforced Laminated Plate. We model a unidirectional fiber-reinforced lamina as transversely isotropic with the fiber direction as the axis of transverse isotropy and assign the following values to material parameters:

\[ E_L = 140 \text{ GPa}, \quad E_T = E_L/25, \quad G_{LT} = E_L/50, \quad G_{TT} = E_L/125, \quad \nu_{TT} = 0.25, \quad \rho = 5 \text{ g/cc} \]

(18)

Here, subscripts \( L \) and \( T \), respectively, describe directions parallel and perpendicular (or transverse) to the fiber direction. Material properties with respect to the global coordinate axes are deduced from these by using the tensor transformation rules for stresses and strains.

Clamped edges. For clamped thin rectangular laminates (thickness = length/400) with the axis of transverse isotropy or fiber angle, \( \theta \), in all layers of 0 deg, 30 deg, 45 deg, 60 deg, and 90 deg counterclockwise to the global \( x_1 \)-axis, and eccentricity \( e = 20 \), we find their first 100 frequencies and the corresponding mode shapes with and without internal points on the line \((l/5, b/2, z)\) constrained. We note that the elastic moduli with respect to the global coordinate axes depend upon \( \theta \). Hence, the global stiffness matrix for the plate varies with the angle \( \theta \). Mode shapes for the first and the fifth mode of vibration for three laminae with \( \theta = 0 \) deg,
45 deg, and 90 deg and internally constrained points are presented in Fig. 9. These suggest that the deformation profile for mode 1 (mode 5) is virtually unaffected (significantly influenced) by the fiber orientation angle. For \( \theta = 45 \) deg and 90 deg, the mode shapes for mode 5 are virtually identical, similar to what was found in Ref. [31] using the FSDT. For the five values of \( \theta \), the histograms for the distribution of the mode localization parameter \( \beta_1 \) are given in Fig. 10. In the \( \theta = 0 \) deg, 45 deg, and 90 deg lamina, the number of modes with \( \beta_1 \approx 0.0 \) equals, respectively, 30, 44, and 66 (43, 49, and 65) from the FSDT (TSNDT) solution. Thus, the number of modes localized in region \( R_1 \) increases with an increase in \( \theta \).

Simply supported edges. For SS lamina with \( \theta = 0 \) deg, 30 deg, 45 deg, 60 deg, and 90 deg and eccentricity \( e = 4 \), only 7 (23) modes are localized for \( \theta = 0 \) deg (90 deg) when internal points are constrained. The plate exhibits an interesting behavior for the localization of the in-plane modes of vibration with the change in the fiber orientation angle. In order to see this, we have plotted in Fig. 11 deformed shapes of the plate for the five fiber angles and
have included fringe plots of the transverse displacement, $u_3$. We have exhibited in Fig. 12 the top view of the deformed plate for $\theta = 45$ deg, 60 deg, and 90 deg with fringe plots of the in-plane displacement $u_2$. We see in plots of Fig. 11 that for $\theta = 0$ deg and 30 deg, there is significant transverse displacement as compared to that for $\theta = 45$ deg, 60 deg, and 90 deg. Whereas values of in-plane displacement $u_2$ are negligible for $\theta = 0$ deg, they are noticeable for $\theta = 45$ deg and 90 deg. Thus, the ratio of energies, $\beta_1$, does not correctly represent the mode localization phenomenon for all values of $\theta$. However, for $\theta = 45$ deg and 90 deg, as shown in Fig. 12, the interior constrained points divide the plate into regions $R_1$ and $R_2$ one of which has very little deformations as is for isotropic plates.

We observe from results in Fig. 13 that the plate with the 90 deg fibers has 22 localized modes that include both the out-of-plane and the in-plane modes of vibration, and the plate with the 0 deg fibers only 8 modes localized. For the 0 deg (90 deg) plate, $\beta_1 = 0.2$ for 43 (28) modes. Mode shapes for a few modes localized in region $R_1$ are presented in Fig. 14. We observe that the deformation of mode 14 is partially localized in region $R_1$, it is similar to that of mode 4 for the isotropic SS plate for which results are shown in Fig. 7. Similarly, partial localization can be seen for mode 17 for which although the deformation localized in $R_1$, the region $R_2$ has significant deformations that contribute to the strain energy, and accordingly, $\beta_1$ is not close to 0.

**Constrained Points on Two Normals for an Isotropic Simply Supported Plate.** We now explore the effect of clamping two sets of internal points on mode localization of a SS 80 mm × 20 mm × 2 mm plate with either points $(l/5, b/2, z)$ and $(4l/5, b/2, z)$ or points $(l/10, b/2, z)$ and $(4l/5, b/2, z)$ constrained. The first (second) pair of points is symmetrically (asymmetrically) located about the surface $x_1 = l/2$. Mode shapes for modes 1, 3, and 5 for the first and the second pairs of points are presented in Fig. 15. We conclude from results for the 5th mode of free vibration that for the symmetrically located pair, the deformation is entirely localized in the shorter sections at both ends. However, for the asymmetrically located pair of points, the deformation is entirely localized in the 1/5th of the plate between $x_1 = 0.8l$ and $l$, and for none of the first 100 modes of vibration, it localized in the $(l/10)$th of the left end of the plate.

**Transient Deformations of Simply Supported Isotropic Plates.** In order to ascertain how constraining interior points affects plate’s forced vibrations, we study deformations of the 80 mm × 20 mm × 2 mm SS plate $(E = 25$ GPa, $\nu = 0.25$, and $\rho = 5$ g/cc) with and without internally constrained points $(l/5, b/2, x_3)$ by using the 80 × 20 FE mesh of uniform elements, and
the time-step = 50 ns that satisfies the stability condition given in Eq. (13). Results for plates with $\epsilon = 4$ and 20 were found to be similar. For the plate with $\epsilon = 4$, as seen from Fig. 6, mode 6 is localized in region $R_2$ and modes 1–5 are localized in region $R_1$. In the first loading scenario, depicted in Fig. 16, the impulsive load on the entire top surface of the plate is nonzero for $0 \leq t \leq 40 \mu s$ and has either a triangular, or a rectangular or a half sine wave form. Thus, different impulse or linear momentum is
Impulsive Loads. We have depicted in Fig. 17 time histories of the centroidal deflection and of the strain energy density of regions $R_1$ and $R_2$ for the three impulsive loads. It is clear that the loading function only affects the amplitude of the deflection and of the strain energy density, and the two regions vibrate essentially at different frequencies subsequent to the load removal at $t = 40 \mu s$. The dominant frequencies of vibration of regions $R_1$ and $R_2$ found using the fast Fourier transform (FFT) of the time histories of the centroidal deflection correspond, respectively, to those of modes 3 and 1 of the entire plate rather than to those of

Fig. 15 Shapes of modes 1, 2, and 5 showing deformation localization in the SS plate with two (a) symmetrically and (b) asymmetrically located pair of constrained points

Fig. 16 Three transient impulse loads considered

Fig. 17 For the three transient loads, time histories of the centroidal deflection and of the strain energy densities of regions $R_1$ and $R_2$ of the plate with internal constrained points
modes 6 and 1 for which free vibrations get localized in regions $R_2$ and $R_1$, respectively. It suggests that for forced vibrations, the two regions deform differently from that for free vibrations.

**Sustained Sinusoidal Load on a Rectangular Plate of $e = 4$.** For the pressure load, $P(t) = P_0 \sin(2\pi f_0 t)$, of frequency $f_0$, equal to 5.9 and 14.5 kHz for modes 1 and 6 of free vibration of the plate, referred henceforth to as **mode 1 excitation** and **mode 6 excitation frequency**, respectively, we have presented in Fig. 18 time histories of the centroidal displacements and of the strain energy densities of regions $R_1$ and $R_2$. We observe that for **mode 1 excitation**, the region $R_1$ stays nearly at rest as was for free vibration but the amplitude of vibration of region $R_2$ monotonically increases and its vibrational frequency found by the FFT analysis of its vibrational response equals approximately 5.9 kHz. For the **mode 6 excitation**, the amplitude of vibration of region $R_1$ stays small but that of region $R_2$ exhibits beats phenomenon. The FFT analysis of its vibrational response gives the dominant frequency of vibration of region $R_1$ equal to ~14.5 kHz, i.e., the frequency of mode 6 of free vibration of the entire plate or the excitation frequency of the load, and the region $R_2$ vibrates at the fundamental frequency, 5.9 kHz, of the plate. The time histories of the ratio of the total energies (TE = kinetic energy + strain energy) of sections $R_1$ and $R_2$, and of the ratio of the TE of each region to the cumulative work on the entire plate by external forces, (EW), are presented in Fig. 19. It is observed from these plots that the energy is...
transferred from region $R_1$ to region $R_2$ that vibrates at a much lower amplitude. It is supported by the observation that, for the first case, the strain energy of $R_1$ is negligible as compared to that of $R_2$, and in the second case, most of the plate deformation is localized in region $R_1$. This is akin to the response exhibited by the interaction between two pendula of different frequencies explained in textbooks on vibrations (e.g., see Ref. [51]). These results are consistent with Malatkar and Nayfeh’s [52] observations of the energy transfer between two widely spaced modes of vibration of a cantilever beam. To delineate the role of the internal constrained points on the phenomenon, the centroidal displacement history of the unconstrained plate under mode 6 excitation is presented in Fig. 20. This knowledge can help design structures subjected to periodic loads for which a smaller substructure that absorbs most of the energy can be sacrificed and the larger substructure saved.

Sustained Sinusoidal Load on a Rectangular Plate of $e = 20$. For the SS plate of $e = 20$, mode 4 (8) is the first transverse mode of

![Fig. 20 Centroidal displacement history of an internally unconstrained SS plate under mode 6 harmonic loading](image1)

![Mode 4, $\omega = 32.08$ kHz](image2)

![Mode 8, $\omega = 33.91$ kHz](image3)

![Fig. 21 Mode shapes of transverse vibration for the SS plate of $e = 20$ without (left) and with (right) the internal constraint points](image4)

![Fig. 22 Displacement histories of centroids of regions $R_1$ and $R_2$ under harmonic loads of the two excitation frequencies](image5)
vibration for which the deformation localized in the region $R_2$ ($R_1$). The shapes and the corresponding frequencies of modes 4 and 8 of the plate with and without the internal constraint are presented in Fig. 21.

As mentioned earlier for results exhibited in Fig. 4, the addition of the internal constraint does not noticeably affect the frequency of vibration of a particular mode but significantly changes the mode shape. Unlike the plate with $e = 4$ where frequencies of modes 1 and 6 were wide apart, for the plate with $e = 20$, frequencies of the 4th and the 8th modes are close to each other. It is thus likely that the plate would exhibit a different phenomenon under a harmonic excitation of frequency of the 8th mode as compared to that of the $e = 4$ plate under mode 6 excitation. For the pressure load $P(t) = P_0 \sin(2\pi f t)$ with $f_0$ (in Hz) as frequencies of modes 4 and 8, of vibration, the time histories of the centroidal displacements of regions $R_1$ and $R_2$ and their corresponding FFTs are presented in Fig. 22. It is clear that unlike for the $e = 4$ plate, depending on the excitation frequency, a region of the $e = 20$ plate resonates, while the other region exhibits the beat phenomenon due to close values of frequencies of the two modes. Under the mode 4 excitation, the FFT reveals that region $R_2$ resonates at the mode 4 frequency of 32 kHz, while region $R_1$ vibrates at approximately 33.5 kHz which is close to the mode 8 frequency. Similarly, for mode 8 excitation, region $R_1$ resonates at 33 kHz, while region $R_2$ exhibits beating phenomenon at 32 kHz. The rather flat region in the FFT of region $R_1$ is because the centroidal deflection was output at 1024 values of time.

From time histories of the ratio of the TE of the two regions and of the ratio of the TE of each region to the external work done, EW, exhibited in Fig. 23, we observed that the TE of region $R_1$ steadily decreases from 0.25 (ratio of volumes of regions $R_1$ and $R_2$) to 0 implying that the total energy of the plate is concentrated in $R_2$. Similarly, the ratio of the total energy to the EW shows that the TE of the region $R_2$ gradually increases and that of $R_1$ decreases. We hypothesize that this is due to the resonance of the region $R_2$.

In order to delineate effects of internal constraints, the displacement histories of the centroid of the unconstrained plate and the results of the corresponding FFT analyses under the two excitations are presented in Fig. 24. The displacement history of the plate under the mode 4 excitation shows a monotonic increase in the amplitude due to the resonance of the plate. However, for the mode 8 excitation, we see the beating phenomenon since the excitation frequency is close to the fundamental frequency of the plate. This behavior is different from the response of the $e = 4$ unconstrained plate under mode 6 excitation where neither the resonance nor the beats phenomenon was observed due to the large difference between the excitation and the fundamental frequencies of the plate. For the $e = 20$ plate, the FFTs of the displacement histories show that the dominant frequency of the plate vibration for the mode 4 (8) excitation is about 31 (34) kHz.

Note: For forced vibrations of delaminated plates and laminates studied in Refs. [53] and [54], no localization of deformations was reported. Mode localization has been experimentally and numerically studied in reference [55].

Conclusions

We have numerically studied free and forced vibrations of monolithic and unidirectional fiber-reinforced composite rectangular plates with edges either simply supported or clamped using a TSDT. Frequencies and strain energies of the first 100 modes of vibration are shown to agree well with those computed using the linear theory of elasticity and the commercial software, ABAQUS. By constraining all points on one or two normals to the midsurface of a plate to have null displacements, the plate deformations are found to localize in one of the two regions separated by the internal constrained points. Significant results from the work include the following:

- When an in-plane mode of vibration is localized, the strain energy of deformations of the other region is not small.
- For rectangular plates with points on two normals constrained from translating in all three directions, the localization occurs simultaneously in two short regions when the constrained points are equidistant from the plate edges.
- A unidirectional fiber-reinforced rectangular plate with internal constrained points switches from a transverse (bending) mode to an in-plane mode of vibration depending on the fiber orientation angle, and both modes exhibit the mode localization phenomenon.

![Fig. 23 Time histories of ratio of the total energies of the regions $R_1$ and $R_2$ (left) and the ratio of the total energy of each section of the plate to the cumulative external work done on the entire plate](image)

![Fig. 24 Centroidal displacement histories of the rectangular plate of $e = 20$ without internal constraints under modes 4 and 8 excitations and the corresponding FFTs of the displacement histories](image)
• For forced vibrations of plates, constraining points on a normal to the plate midsurface divides the plate into two separate sections vibrating at different dominant frequencies. These regions interact with each other through energy transfer resulting in constructive/destructive interference that results in a beating-like phenomenon under suitable loading conditions and plate geometries.

• The mode localization phenomenon can help design cyclically loaded structures so a desired subregion of the structure is significantly deformed, thereby protecting the remainder of the structure and in maximizing energy harvested from them.

Acknowledgment
This work was partially supported by The U.S. Office of Naval Research (ONR) Grant N00014-18-1-2548 to Virginia Polytechnic Institute and State University with Dr. Y. D. S. Rajapakse as the program manager. Views expressed in the paper are those of the authors and neither of ONR nor of Virginia Tech.

References